

Notified food-health relationships to make a health claim

(January 2023)

Standard 1.2.7 requires a person who is self-substantiating a food-health relationship in order to make a general level health claim to notify the Chief Executive Officer of FSANZ of the relationship before making a claim on food labels or in advertisements for food.

The person notifying must certify that the food-health relationship has been established by systematic review in accordance with Standard 1.2.7. [Read more about notifications.](#)

The list below is a record of food-health relationships that have been notified to FSANZ.

Disclaimer: FSANZ cannot guarantee and assumes no legal liability or responsibility for the accuracy, currency, completeness or interpretation of any information contained in the list of notified food-health relationships. FSANZ is not responsible for the enforcement of Standard 1.2.7 and does not assess compliance of the notified food-health relationships. Our role is only to administer the notification process. Publication by FSANZ does not indicate acceptance, approval or validation of the notified food-health relationship. Any concerns about the content of this list should be directed to an enforcement agency. [Read the list of agencies and departments responsible for enforcement](#)

Please note general level health claims based on notified food-health relationships may or may not be on food products in the market place.

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Food or property of food	Health effect	Business	Address	Notification date
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports natural defences	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Helps cope with stress by reducing cortisol levels/stress hormone levels	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports emotional wellbeing	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports healthy immune system function and response	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports/maintains immune health	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports healthy immunity	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Alleviates/reduces digestive discomfort	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Alleviates/reduces bloating/intestinal bloating	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS)	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023

Food or property of food	Health effect	Business	Address	Notification date
	Alleviates/reduces gas/flatulence			
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports healthy intestinal microbiota balance	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains/encourages growth of healthy gastrointestinal microbiota	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains/encourages gut immune supporting bacteria	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains/improves good gut bacteria	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains/improves gut microbiome	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Reduces the urgent need to defecate	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains healthy gut/bowel function	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains digestive/bowel regularity	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports/aids/helps/assists/promotes/maintains gastrointestinal health	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Maintains digestive balance	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves/digestive wellbeing	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves gut health	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023

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Galactooligosaccharides (GOS), prebiotic, non-digestible fibre	Bimuno® Galactooligosaccharides (GOS) Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves digestive health	OptiPharm Pty Ltd ABN 83 110 511 629	49 Bond Street Mordialloc, Victoria 3195	22/03/2023
Bimuno® Galactooligosaccharides (GOS)	Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves digestive health	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves gut health	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports/aids/helps/assists/promotes/boosts/stimulates/restores/improves digestive wellbeing	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Maintains digestive balance	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports/aids/helps/assists/promotes/maintains gastrointestinal health	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Maintains digestive/bowel regularity	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Maintains healthy gut/bowel function	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Reduces the urgent need to defecate	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Maintains/improves gut microbiome	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides	Maintains/improves good gut bacteria	Pathway International	Level 2, Anglicare	31/05/2022

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			Forest, NSW 2086	
Bimuno® Galactooligosaccharides (GOS)	Maintains/encourages gut immune supporting bacteria	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Maintains/encourages growth of healthy gastrointestinal microbiota	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports healthy intestinal microbiota balance	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Alleviates/reduces gas/flatulence	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Alleviates/reduces bloating/intestinal bloating	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Alleviates/reduces digestive discomfort	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports healthy immunity	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports/maintains immune health	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports natural defences	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Supports healthy immune system function and response	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022

Food or property of food	Health effect	Business	Address	Notification date
Bimuno® Galactooligosaccharides (GOS)	Supports emotional wellbeing	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022
Bimuno® Galactooligosaccharides (GOS)	Helps cope with stress by reducing cortisol levels/stress hormone levels	Pathway International Pty Ltd	Level 2, Anglicare House, 14 Rodborough Rd, Frenchs Forest, NSW 2086	31/05/2022

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